

PENNSYLVANIA DERMATOLOGY GROUP, P.C.
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INSTRUCTIONS FOLLOWING CANTHACUR – PS APPLICATION

1. **MEDICATION WAS APPLIED AT:**

MEDICATION IS TO BE REMOVED AT:

***** Should any significant discomfort occur, please wash the medication off **IMMEDIATELY**, even if it is sooner than the above noted time *****

2. To remove the medication, first gently remove any tape/Band-Aids that may have been applied. If there are multiple sites that were treated, soaking briefly in the bathtub can help make removal of tape/Band-Aids easier. Then wash the treated area with gentle soap and water.
3. Redness and tenderness in the treated area is expected. A blister (like those from a burn) may develop and is desirable. It can be clear, deep red or black. Protect the site from friction or other injury. For comfort, you may apply Vaseline (white petroleum jelly) or Polysporin ointment with or without a small Band-Aid to any sites after they are washed, or at any time you wish.
4. If there is any discomfort, **TYLENOL** or **IBUPROFEN** (Advil, Motrin, etc.) may be taken for relief. If there is persistent discomfort, cover the area with clean gauze or a dressing as described above and apply an ice pack 10 minutes on, 10 minutes off, repeated until there is relief. You can also relieve discomfort by soaking any undressed sites intermittently in cold water with ice as needed.
5. If a blister becomes too uncomfortable, it can be opened **IN A STERILE MANNER**, using a **STERILIZED NEEDLE**. Drain out the fluid (this may need to be repeated) – you do not need to remove the remaining wrinkled skin that had formed under the *roof* of the blister. Keep this site clean and covered with dressings as described until healed. The same can be used if a blister ruptures on its own.
6. It is OK to bathe, swim or exercise. With time, the treated area will usually become a dry crust of scab – **LET THIS FALL OFF ON ITS OWN – DO NOT PICK**. The time frame for the entire process depends on several factors and can total several days to weeks. Protect treated sites from sun exposure until they return to normal.

Call the office if you have any additional concerns.