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PRE-OPERATIVE INSTRUCTIONS
FOR MOHS SURGERY ON THE LEGS

Although infections are rare after Mohs surgery, they do occur. One of the sites with a higher risk for infection is the leg. In an attempt to minimize your chance of developing a post-surgical wound infection on the leg please do **ONE** of the following prior to your procedure. Please do whichever is easiest for you; you do not need to do both.

Bleach Bath

Add ¼ - ½ cup of common household bleach to a bathtub full of water. Soak your torso or just the affected part of your skin for at least 10 minutes the night prior to and the morning of your procedure.

Hibiclens (Antiseptic Soap) Shower



Please buy one small bottle of 2% or 4% Chlorhexidine Gluconate (CHG) antiseptic solution to be used during showers. We recommend Hibiclens, which can be found over-the-counter at most drugstores.

Please take a shower **the night prior to** and **the morning of** your procedure, using CHG as directed below. Effectiveness increases with use due to a cumulative effect.

With each shower, wash and rinse your hair first using normal shampoo. Completely rinse the shampoo from your hair and body. Wet your skin in the shower and then turn the water off. Using the CHG and a wet washcloth, apply about a quarter of a cup of the CHG soap to the washcloth. Gently lather your entire body from the chin down. Let the lather remain in contact with your skin for a minimum of 15-20 seconds. Rinse well. Do not re-wash with regular soap. The skin may feel "sticky" for several minutes after the antiseptic solution has been used. This is normal.

Do not use if you are allergic to chlorhexidine gluconate or any other ingredients in the preparation. Avoid getting the chlorhexidine soap in your eyes, ears, mouth or nose. If CHG soap gets on these areas, rinse well with water.